

Lviv State University of Physical Culture named after Ivan Boberskyj

Department of choreography and art history



" APPROVED"

Dean of the Faculty of Pedagogical Education,  
Associate Professor of Gymnastics and Choreography Department,  
Candidate of Physical Education and Sport (Ph. D.).

Roman Petryna

06 березня, 2022.

## WORK PROGRAM OF THE DISCIPLINE

### THEORY AND METHODS OF CHOREOGRAPHIC ACTIVITY

V and VI year

field of knowledge 02 Culture and art

specialty: 024 Choreography

Faculty: Faculty of Pedagogical Education

Level of higher education: Second (Master's)

Work program "Theory and Methods of Choreographic Activity" for students  
of the Faculty of Pedagogical Education, specialty 024 Choreography

"August 31, 2022.

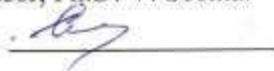
Developers:

teacher Boyko A.B., teacher. Martyniuk O.V.

The work program was approved at a meeting of the Department of  
Choreography and Art History

Protocol № 1 of August 31, 2022

Head of the Department: Professor, Ph.D. V. Sosina.

A handwritten signature in black ink, appearing to be 'V. Sosina', is written over a horizontal line.

## 1. Description of the academic discipline

| Name of indicators                                                                        | Field of knowledge, direction of training, educational and qualification level | Characteristics of the academic discipline                       |                    |
|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------|--------------------|
|                                                                                           |                                                                                | full-time studding                                               | part-time studding |
| Number of credits – 7                                                                     | Branch of knowledge<br>02 Culture and art                                      | Normative                                                        |                    |
|                                                                                           | Specialty 024<br>Choreography                                                  |                                                                  |                    |
| Modules - 3                                                                               | Specialty (professional direction):<br>choreography                            | <b>Year</b>                                                      |                    |
| Content modules – 2                                                                       |                                                                                | 5                                                                |                    |
| Course work - none                                                                        |                                                                                | <b>Semester</b>                                                  |                    |
| The total number of hours is 210 hours.                                                   |                                                                                | 1, 2, 3                                                          |                    |
|                                                                                           |                                                                                | <b>Lectures</b>                                                  |                    |
| Weekly hours for full-time education:<br>classrooms – 2<br>student's independent work - 3 | Level of higher education<br>Second (master's)                                 | 10 hours                                                         |                    |
|                                                                                           |                                                                                | <b>Practical, seminar</b>                                        |                    |
|                                                                                           |                                                                                | 106 hours                                                        |                    |
|                                                                                           |                                                                                |                                                                  |                    |
|                                                                                           |                                                                                | <b>Independent work</b>                                          |                    |
|                                                                                           |                                                                                | 94 hours                                                         |                    |
|                                                                                           |                                                                                | Individual tasks: h.                                             |                    |
|                                                                                           |                                                                                | Type of control: survey, performance of independent work, credit |                    |

**Note.**

The ratio of the number of hours of classroom instruction to independent work is: for full-time students - 1:3.

### 1. Purpose and objectives of the discipline

The subject of study of the discipline is the art of choreography, the basic laws and techniques used in the production of choreographic works.

The purpose of teaching the discipline "Theory and Methods of Choreographic Activity" is to master the knowledge to create a choreographic work, staging and rehearsal work and to train highly qualified teachers of choreographic disciplines in the latest artistic educational institutions, secondary and higher education.

The main tasks of studying the discipline are:

1. To acquaint students with the basic concepts of choreographic art, with the basic laws and techniques of choreographic work;
2. To study the basic laws and techniques of choreographic work staging;
3. To acquire the knowledge, skills and abilities necessary to create choreographic compositions.

4. To develop practical production and performance qualities and skills necessary for a choreographer to work on a dance performance of various genres and styles.

According to the requirements of the educational and professional program, students must:

**know:** the basic concepts of the discipline; the basic laws and techniques of choreographic production; the principles of construction and analysis of choreographic works, the system of their recording.

**be able to:** apply the acquired knowledge in practice; make a choreographer's plan and determine the compositional structure; create dance performances with the help of expressive means and according to the laws of dance composition.

## **1. Program of the discipline (5th year, 1.2 semester)**

### **Content module 1.**

#### **Dramaturgy of a choreographic work.**

##### **Topic 1. Features of the dramaturgy of a choreographic work.**

Dramaturgy of a choreographic work (five parts) in its individual parts and in the work as a whole. Search for vocabulary. Identification of characteristic lexical features of images and their plasticity. Search for expressive means that would maximize the figurative and emotional content of the episode, scene, and work as a whole.

##### **Topic 2. Staging solo concert performances.**

Solo male dance, solo female dance. Staging a solo concert dance number based on the vocabulary of folk, modern, ballroom dances. Choreographic text. Movements. Poses. Gestures. Mimicry. Dynamics of movements. Plastic language of movements. Connection of the choreographic text with the dance pattern.

### **Content module 2.**

#### **Work on staging numbers based on a work of art.**

##### **Topic 3. The relationship between choreographic vocabulary and music.**

The meaning of choreographic rhythm. Choreographic rhythmic groupings, their characteristics and features. Tempo and some techniques of performing movement in accordance with musical accompaniment. The importance of dance rhythm. The nuances of choreographic pas. Techniques of performing the movement in accordance with the tempo.

##### **Topic 4. Choreographic performance based on a work of art (mass form)**

Choice of a work of art, plot basis of the composition. Libretto, musical basis of the choreographic composition, its correspondence to the theme, idea, style and regional features. Drawing up a scenario-composition plan, reflecting all the components in it. Watching video materials, analyzing, discussing the best choreographic compositions by theme and genre. Unity of content and form of choreographic compositions. Formation of the choreographic "text" of the characters. Combination of dance pattern and choreographic vocabulary. Rehearsal work with performers. Showing the performance.

### 1. Structure of the discipline (5th year, 1st and 2nd semester)

| Titles of content topics                                              | Hours distribution |              |             | Training results                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-----------------------------------------------------------------------|--------------------|--------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                       | total              | Lec./ Pract. | Indep. work |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Topic 1. Features of the dramaturgy of a choreographic work.          | 30                 | 2/20         | 8           | Dramaturgy of a choreographic work (five parts) in its individual parts and in the work as a whole. Search for vocabulary. Identification of characteristic lexical features of images and their plasticity. Search for expressive means that would maximize the figurative and emotional content of the episode, scene, and work as a whole.                                                                                                                                                                                                                                                                                    |
| Topic 2. Staging solo concert performances.                           | 30                 | 2/20         | 8           | Solo male dance, solo female dance. Staging of a solo concert dance performance based on the vocabulary of folk, modern, and ballroom dances. Choreographic text. Movements. Poses. Gestures. Mimicry. Dynamics of movements. Plastic language of movements. Connection of the choreographic text with the dance pattern.                                                                                                                                                                                                                                                                                                        |
| Topic 3. The relationship between choreographic vocabulary and music. | 30                 | 2/10         | 18          | The importance of choreographic rhythm. Choreographic rhythmic groupings, their characteristics and features. Tempo and some techniques of movement in accordance with musical accompaniment. The importance of dance rhythm. Nuance of choreographic pas. Techniques of performing the movement in accordance with the tempo.                                                                                                                                                                                                                                                                                                   |
| Topic 4. Choreographic performance based on a work of art (mass form) | 30                 | 0/10         | 20          | The choice of a work of art, the plot basis of the composition. The libretto, the musical basis of the choreographic composition, its relevance to the theme, idea, style and regional characteristics. Drawing up a scenario and composition plan, reflecting all its components. Watching video materials, analyzing, discussing the best choreographic compositions by theme and genre. Unity of content and form of choreographic compositions. Formation of the choreographic "text" of the characters. Combination of dance pattern and choreographic vocabulary. Rehearsal work with performers. Showing the performance. |
| <b>total</b>                                                          | <b>120</b>         | <b>6/60</b>  | <b>54</b>   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

## 1. Topics of practical classes

| № | Course Title                                                                                                            | Hours |
|---|-------------------------------------------------------------------------------------------------------------------------|-------|
| 1 | Features of the dramaturgical construction of a choreographic performance                                               | 6     |
| 2 | Unity of form and content in a choreographic work                                                                       | 6     |
| 3 | Staging of solo female performances based on a work of art                                                              | 6     |
| 4 | Staging solo male performances in the chosen character                                                                  | 8     |
| 5 | Writing a libretto; choosing musical material for a choreographic performance; drawing up a script and composition plan | 6     |
| 6 | Formation of the choreographic text of the performers; construction of drawings                                         | 8     |
| 7 | Staging a choreographic performance based on a work of art                                                              | 20    |
|   | Total                                                                                                                   | 60    |

## 7. Independent work

| № | Course Title                                                                          | Hours |
|---|---------------------------------------------------------------------------------------|-------|
| 1 | Formation and development of dance education in Ukraine                               | 10    |
| 2 | Features of solo concert choreographic numbers.                                       | 10    |
| 3 | Choreographing a dance from a recording. Work with special literature on choreography | 10    |
| 4 | Watching videos, analyzing the best choreographic compositions by theme and genre.    | 10    |
| 5 | Production work on the creation of a choreographic based on a work of art             | 14    |
|   | total                                                                                 | 54    |

Credit

## 2. Program of the discipline (6th year, 3rd semester)

The program of study of the normative academic discipline "Choreographer's Art" is compiled in accordance with the educational and professional program of preparation of masters of the specialty "Choreography".

The subject of the discipline is the art of choreography, the basic laws and techniques used in the production of choreographic works.

The purpose of teaching the discipline "Art of the Choreographer" is to master the knowledge to create a choreographic work, staging and rehearsal work and to train highly qualified teachers of choreographic disciplines in the latest artistic educational institutions, secondary and higher education.

The main tasks of studying the discipline "The Art of the Ballet Master" are:

1. To familiarize students with the basic concepts of choreographic art, with the basic laws and techniques of choreographic production;
2. To study the basic laws and techniques of staging a choreographic work;
3. To acquire the knowledge, skills and abilities necessary to create choreographic compositions.
4. To develop practical production and performance qualities and skills necessary for a choreographer to work on a dance production of various genres and styles.

According to the requirements of the educational and professional program, students must:

**know:** the basic concepts of the discipline; the basic laws and techniques of choreographic production; the principles of construction and analysis of choreographic works, the system of their recording.

**be able to:** apply the acquired knowledge in practice; make a choreographic plan and determine the compositional structure; create dance performances with the help of expressive means and according to the laws of dance composition.

### **Content module 1.**

#### **Choreographic culture and problems of its formation.**

##### **Topic 1: Formation of choreographic culture.**

Choreography as an art form. Culture as a specificity of human existence. The concept of "choreographic culture". Characteristics of the main components of dance art. Formation of choreographic culture in Ukraine. The influence of European dance art on Ukrainian dance culture.

##### **Topic 2. The main components of choreographic composition.**

The concept of composition of a choreographic work. The main components of dance composition. Expressive means of choreographic productions. Artistic techniques of building a dance. Choreographic text. Movements. Poses. Gestures. Mimicry. Dynamics of movements. Plastic language of movements. Connection of the choreographic text with the dance style.

### **Content module 2.**

#### **Staging a choreographic performance (one-act ballet).**

##### **Topic 3. Principles of contrast, symmetry and asymmetry in choreography.**

Characterization of the basic principles used in the production of choreographic performances, their significance and features. Basic characteristics of the principles of symmetry, asymmetry, contrast. The use of the principles of symmetry, asymmetry, contrast in classical performance. Use of the principles of

symmetry, asymmetry, contrast in drawing. The principle of contrast in the imagery and expressiveness of dance.

#### **Topic 4. Staging a choreographic performance (one-act ballet).**

The plot basis of the composition. Libretto, musical basis of the choreographic composition, its correspondence to the theme, idea, style and regional features. Drawing up a scenario-composition plan, reflecting all the components in it. Watching video materials, analyzing, discussing the best choreographic compositions by theme and genre. Unity of content and form of choreographic compositions. Formation of the choreographic "text" of the characters. Combination of dance pattern and choreographic vocabulary. Rehearsal work with performers. Showing the performance.

#### **Educational content (6th year, 3rd semester)**

| Titles of content topics                                                 | Hours distribution |              |             | Training results                                                                                                                                                                                                                                                                                                                                                                                                                      |
|--------------------------------------------------------------------------|--------------------|--------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                          | total              | Lec./ Pract. | Indep. work |                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Topic 1: Formation of choreographic culture.                             | 24                 | 2/14         | 8           | Choreography as an art form. Culture as a specificity of human existence. The concept of "choreographic culture". Characteristics of the main components of dance art. Formation of choreographic culture in Ukraine. The influence of European dance art on Ukrainian choreographic culture.                                                                                                                                         |
| Topic 2. The main components of choreographic composition.               | 20                 | 0/14         | 6           | The concept of composition of a choreographic work. The main components of a dance composition. Expressive means of choreographic productions. Artistic methods of building a dance. Choreographic text. Movements. Poses. Gestures. Mimicry. Dynamics of movements. Plastic language of movements. Connection of the choreographic text with the dance pattern.                                                                      |
| Topic 3. Principles of contrast, symmetry and asymmetry in choreography. | 26                 | 2/18         | 6           | Characterization of the basic principles used in the production of choreographic numbers, their significance and features. The main characteristics of the principles of symmetry, asymmetry, contrast. The use of the principles of symmetry, asymmetry, contrast in classical performance. Use of the principles of symmetry, asymmetry, contrast in drawing. The principle of contrast in the imagery and expressiveness of dance. |
| Topic 4. Staging a choreographic performance (one-act ballet).           | 20                 | 0/10         | 10          | The plot basis of the composition. The libretto, the musical basis of the choreographic composition, its correspondence to the theme, idea, style and regional characteristics. Drawing up a scenario-composition plan, identifying all its                                                                                                                                                                                           |



|              |           |             |           |                                                                                                                                                                                                                                                                                                                                                              |
|--------------|-----------|-------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|              |           |             |           | components. Watching video materials, analyzing, discussing the best choreographic compositions by theme and genre. Unity of content and form of choreographic compositions. Formation of the choreographic "texture" of the characters. Combination of dance pattern and choreographic vocabulary. Repertory work with performers. Showing the performance. |
| <b>total</b> | <b>90</b> | <b>4/56</b> | <b>30</b> |                                                                                                                                                                                                                                                                                                                                                              |

### 8. Individual assignments

Essays, independent work to make up for missed classes.

### 9. Teaching methods

Verbal, practical, visual.

### 10. Methods of control

Surveys at seminars, testing, passing practical standards, test, exam.

### 11. Distribution of points received by students

An example for credit

| Current testing and independent work |        |        |  |              |    |    |     |     | Total |
|--------------------------------------|--------|--------|--|--------------|----|----|-----|-----|-------|
| Module №1,2                          |        |        |  | Module № 3,4 |    |    |     |     |       |
| T<br>1                               | T<br>2 | T<br>3 |  | T4           | T5 | T6 | T.. |     |       |
| 1                                    | 1      | 1      |  | 15           | 20 | 20 |     | 100 |       |
| 5                                    | 5      | 5      |  |              |    |    |     |     |       |

T1, T2 ... – topics.

### Conformity of the final semester rating in points National Scale and ECTS Scale

| Score in points | Rating    | Score on a national scale                            |                                                      |
|-----------------|-----------|------------------------------------------------------|------------------------------------------------------|
|                 |           | for an exam, course project (work), practice         | for credit                                           |
| 90 – 100        | <b>A</b>  | Perfectly                                            | Satisfactorily                                       |
| 82-89           | <b>B</b>  | Okay                                                 |                                                      |
| 74-81           | <b>C</b>  |                                                      |                                                      |
| 64-73           | <b>D</b>  | Satisfactorily                                       |                                                      |
| 60-63           | <b>E</b>  |                                                      |                                                      |
| 35-59           | <b>FX</b> | Unsatisfactory (with the possibility of re-assembly) | Unsatisfactory (with the possibility of re-assembly) |
| 0-34            | <b>F</b>  | Unsatisfactory (with obligatory repeated course)     | Unsatisfactory (with obligatory repeated course)     |

### 12. Methodological support

Tables, videos.

### **13. Recommended literature**

1. Verkhovynets V. Theory of Ukrainian folk dance. - K.: Musical Ukraine, 1975.
2. Humenyuk A. Folk choreographic art of Ukraine. - K.: My-stetstvo, 1963.
3. V. M. Godovskyi, V. I. Arabska. Theory and methods of working with a children's choreographic team. - Rivne: RDSU, 2000.
4. Goldrych O. S. Methodology of teaching choreography. – Lviv: SPO-LOM, 2006.
5. Goldrich O. Choreography. – Lviv: SPOLOM, 2006.
6. Zagaykevich M. P. Ballet dramaturgy. Kyiv: Naukova dumka, 1978. 257 p.
7. Kolesnychenko Yu. V. Choreographer's Instruments. Terminology of choreography. Kyiv: Education of Ukraine, 2012. 660 p.
8. Kolnoguzenko B.M. Chorographic composition: a methodical manual for the course "The Art of the Ballet Master" / Khark. state Acad. cultures - Kh.: KhDAK, 2018. - 218 p.
9. O. Lan. The art of the ballet master: choreography of a large form: educational and methodological guide / Oksana Lan. – Lviv: Ivan Franko Lviv National University, 2019. – 180 p.

### **14. Information resources**

1. Library of the LSUFK.
2. Reading room of LSUFK.
3. Internet