

Lviv State University of Physical Culture named after Ivan Boberskyj

Department of choreography and art history

" APPROVED "

Dean of the Faculty of Pedagogical Education,  
Associate Professor of Gymnastics and Choreography Department,  
Candidate of Physical Education and Sport (Ph. D.).

Roman Petryna

06.09.2022

**WORKING PROGRAM OF EDUCATIONAL DISCIPLINE**

**Methods of work in a professional dance group**

field of knowledge 02 Culture and art

specialty: 024 Choreography

Faculty: Faculty of Pedagogical Education

Level of higher education: Second (Master's)

Work program "Methods of work in a professional dance group" for students of the Faculty of Pedagogical Education, specialty 024 Choreography, higher education level: Second (Master's)

"August 31, 2022.

Developers:

Ph.D., Associate Professor Sosina V.

Associate Professor Vartovnyk V.

The work program was approved at the meeting of the Department of Choreography

Protocol No. 1 of August 31, 2022

Head of the Department: Professor, Ph.D. V. Sosina.



## 1. Description of the academic discipline

Name of indicators	Field of knowledge, direction of training, educational and qualification level	Characteristics of the academic discipline	
		<b>full-time studding</b>	<b>part-time studding</b>
Number of credits – 5	Branch of knowledge 02 Culture and art	Normative	
	Specialty 024 Choreography		
Modules - 3	Specialty (professional direction): choreography	<b>Year</b>	
Content modules – 3		5	
Course work - none		<b>Semester</b>	
The total number of hours is 150 hours.		1, 2	
		<b>Lectures</b>	
Weekly hours for full-time education: classrooms – 2 student's independent work - 4	Level of higher education Second (master's)	10 hours	
		<b>Practical, seminar</b>	
		44+6 hours	
		<b>Independent work</b>	
		9 hours	
		Individual tasks: h.	
		Type of control: survey, performance of independent work, credit, exam	

**Note.**

The ratio of the number of hours of classroom instruction to independent work is: for full-time students - 1:2.

## 2. Purpose and objectives of the discipline

The program of study of the normative academic discipline "Methods of work in a professional dance group" is compiled in accordance with the educational and professional program of preparation of masters of specialty 024 "Choreography".

The subject of study of the discipline is the methodology and practice of teaching in dance groups, the multifaceted activities of the team leader, the peculiarities of organizing work with different categories of participants in dance groups, the specifics and methods of working with children.

The purpose of the discipline is to develop knowledge, skills and abilities to work in a professional dance company.

The main tasks of studying the discipline "Methods of work in a professional dance group" are:

1. Improving the level of theoretical knowledge of the methods of organizing work in a professional dance group.

2. Strengthening of practical skills in the methodology of organizing work in a professional dance group.

3. Preparing students for future activities as a leader of a professional choreographic team.

According to the requirements of the educational and professional program, students must:

**know:** theoretical, organizational, practical and methodological features of the work of a professional dance company.

**be able to:** apply theoretical and practical knowledge in practical activities when managing a professional dance company. To master the basic methods of work in a professional dance company.

### **Information content of the discipline**

Lectures - 10 hours; practical classes - 44 hours; independent work of students - 120 hours, seminars - 6 hours; a total of 180 hours (6 credits), including 60 classroom hours.

### **3. Program of the discipline**

**Content module 1. (5th year, 1st semester). Theoretical and methodological foundations of work with a choreographic team**

**Topic 1: Methods of educational work of the head of the choreographic team.**

Combination of educational and educational processes in choreographic training. The essence of educational work. Content, structure, characteristics of the components of the educational process. Methods and means of educating members of the choreographic team. Formation of public views and collective responsibility.

**Topic 2. Theoretical and methodological foundations of work with a choreographic team.**

Differential approach to the choice of forms and methods of teaching. Varieties of forms of organization of educational work and types of choreography lessons. Pedagogical means in the initial process: verbal, visual, reproductive, search, stimulation and motivation. Pedagogical methods used in choreographic education (verbal: conversations, conversation, lecture, questions and answers, discussion or debate, stories (examples) and information, personal demonstration and explanation, visualization, methods of individual approach, combination of learning and play, educational and creative tasks).

**Topic 3: The personality of the head of the choreographic team. Main characteristics of the teaching style**

Multifunctional aspect of the artistic director of a dance company. Moral and personal traits of the head of a dance company. The main characteristics of the style and manner of teaching. Styles of work of the team leader: authoritarian, directive, collegial, democratic, liberal, anarchic. Characteristics of the concepts of "pedagogical technique" and "pedagogical tact".

**Topic 4. Artistic and creative process in a choreographic team.**

The role and importance of dance groups in aesthetic and artistic education. Features of the organization of the dance group. Types of dance groups. Differentiation by age of students, focus of work, direction of choreographic art.

Functions of the dance team: social and pedagogical, educational, artistic and creative, concert and popularization.

## **Content module 2 (5th year, 2nd semester). Educational process in the choreographic team**

### **Topic 5. Organization of recruitment and system of professional requirements for members of the choreographic team**

Age classification of members of the dance company: preschool age, primary school age, adolescence, early adulthood. Physical and socio-psychological characteristics of different age groups. Features of the musculoskeletal system and the musculoskeletal system; development of imagination, attention, thinking, memory in children.

Organization of recruitment of participants to an amateur choreographic group. Requirements for applicants: height and body proportions; inside-out and flexibility, jump and elevation, coordination and sense of music and rhythm. Professional stage abilities (inside-out flexibility, footwork, jump, "dance step"), musicality and rhythmicity of the exercises.

Requirements for students when enrolling in specialized choreographic institutions: height and body proportions (dolichomorphic, brachymorphic, mesomorphic forms).

### **Topic 6. Methods of conducting choreographic classes with children of different ages**

Methods and techniques of choreographic training (physical, sensory and intellectual development of children). Taking into account the psychophysiological characteristics of the development of children aged 3-6 years. Game and its importance in the learning process. Musical games and rhythmic exercises.

Content, purpose, main tasks of choreographic training of preschool children. Structure of the lesson. The ratio of parts of the lesson. Exercises: collective, rhythmic, at the machine and parallel gymnastics. Dance elements, sketches and exercises for the development of artistry.

Psycho-physiological characteristics of primary school children's development, social situation, physical development, perception and attention, thinking, memory and imagination.

Specificity of choreographic training of children aged 7-10, personality formation, awareness of feelings, impulsivity and situational behavior.

Educational work with children of primary school age. Content and structure of the lesson. Duration of the lesson and frequency of classes. Component parts of the lesson: sketch and production work and rehearsal work. Combination of individual and group forms of learning. Learning the basics of classical, modern, ballroom and folk-stage dances. Developing expressiveness and emotionality, dancing skills and coordination of body parts in the classroom. The purpose and objectives of choreographic training of adolescents. Medical and socio-psychological changes in the development of adolescents (physical development, crisis of 13 years, relationships with peers, development of cognitive processes). Taking into account individual and psychophysical age differences between boys and girls in the educational process. Personality-oriented approach and methods of individual work with group pupils. The importance of the teacher's personality in educational work with adolescents.

Structure and content of choreographic training. Programs of training in choreography and components of the lesson, its parts. Sketch and production work and rehearsal process. Performances and concert activities of adolescents. The purpose and objectives of choreographic training of early childhood. Taking into account individual and psychological age differences. Methods of individual work with students. The importance of the teacher's personality in the educational work with young children. Structure and content of choreographic training. Components of the lesson. Production work and rehearsal process. Performances and concert activities.

### **Topic 7. Repertoire and principles of its formation**

Repertoire as the basis of educational and creative work in a dance company. The direction of the repertoire in terms of content, theme, forms and genre of dance. Principles of repertoire selection: interest, accessibility, artistic level. Sources of repertoire: literature, painting, sculpture, folklore, modernity. Principles of building the choreographic program of the team: proportionality and contrast, dynamics and emotionality. The content of the repertoire of a children's dance company. Artistic intention of the author of children's choreographic compositions. Originality of children's repertoire. Accessibility of the content and form of the works, taking into account the age and level of training of children's dance participants.

### **Topic 8. Production work in a choreographic team**

Content and tasks of production work in a choreographic team.

Preparation for production work: Determining the theme, components of the production. Selection of participants for the upcoming production work. Analysis of the creative and material capabilities of the team. Planning rehearsals. Selection of musical material and work with the concertmaster. Components and stages of production work. Determination of the ideological and artistic concept of the choreographic number. Lexical choreographic text.

Writing a libretto. Scenario and composition plan of the choreographic number.

Rehearsals, work on choreographic images. Staging a sketch of a future composition. The originality of staging a children's number. Plot and game solution. Requirements for costume and music.

### **Topic 9: Concert activity of a choreographic group and its types**

The importance of the concert and creative activity of the choreographic team. Principles of conducting and preparing concert performances, reviews of the choreographic team. Types of concert performances (thematic concerts, creative reports and reviews, festivals, competitions).

Specificity of the concert activity of a children's dance group. Encouragement to perform and interest and reward for learning. Systematic performances to improve performance skills. Emotional mood as a means of forming the psychological climate of the team. Organizational and rehearsal preparation for a concert performance. Quality of musical material, rehearsal with the orchestra. Scenography and costumes of the performers. Design of programs, posters, booklets, invitations to the concert. Running through the numbers on stage.

### **Topic 10. Features of the choreographer's work in groups**

General characteristics of the choreographer's work with a dance group. Dance ensemble. Features of the choreographer's work in a professional dance ensemble.

Features of the choreographer's work in an amateur dance ensemble. Song and dance ensembles. Structure and methods of rehearsal and concert work in a song and dance ensemble. Folk choir. Features of the choreographer's work with a folk choir. Ukrainian music and drama theater. Choreography as one of the main components of a musical performance. Features of the choreographer's work in the Ukrainian music and drama theater. The role and importance of the choreographer in other areas of activity (figure skating, rhythmic and artistic gymnastics, synchronized swimming, etc.)

### Structure of the discipline

Titles of content topics	Hours distribution			Training results
	total	Lec./ Pract.	Indep. work	
Topic 1: Methods of educational work of the head of the choreographic team.	14	2/0/4	8	Combining educational and training processes in choreographic education. The essence of educational work. Content, structure, characteristics of the components of the educational process. Methods and means of educating members of the choreographic team. Formation of public views and collective responsibility.
Topic 2. Theoretical and methodological foundations of working with a choreographic team.	10	2/0/6	2	Differential approach to the choice of forms and methods of teaching. Varieties of forms of organization of educational work and types of choreography lessons Pedagogical means in the initial process: verbal, visual, reproductive, search, stimulation and motivation. Pedagogical methods used in choreographic education (verbal: conversations, conversation, lecture, question and answer, discussion or debate, stories (examples) and information, personal demonstration and explanation, visualization, methods of individual approach, combination of learning and play, educational and creative tasks).
Topic 3: The personality of the head of the choreographic team. The main characteristics of the teaching style.	20	2/2/4	12	Multifunctional aspect of the artistic director of a dance company. Moral and personal traits of the head of the choreographic team. The main characteristics of the style and manner of teaching. Styles of work of the team leader: authoritarian, directive, collegial, democratic, liberal, anarchic. Characteristics of the concepts of "pedagogical technique" and "pedagogical tact".
Topic 4. Artistic and creative process in a choreographic team.	20	0/0/6	14	The role and importance of dance groups in aesthetic and artistic education. Features of the organization of a dance group. Types of dance groups. Differentiation of them by age of students, focus of work, direction of choreographic art. Functions of the dance team: social and pedagogical, educational,

				artistic and creative, concert and popularization.
Topic 5. Organization of recruitment and system of professional requirements for members of the choreographic team	20	2/0/4	14	Age classification of members of the dance team: preschool age, primary school age, adolescence, early adulthood. Physical and socio-psychological characteristics of different age groups. Features of the musculoskeletal system and the musculoskeletal system; development of imagination, attention, thinking, memory in children. Organization of recruitment of participants to an amateur choreographic group. Requirements for applicants: height and body proportions; inside-out and flexibility, jump and elevation, coordination and sense of music and rhythm. Professional stage abilities (inside-out flexibility, footwork, jump, "dance step"), musicality and rhythmicity of the exercises. Requirements for students when enrolling in specialized choreographic institutions: height and body proportions (dolichomorphic, brachymorphic, mesomorphic forms).
Topic 6. Methods of conducting dance classes with children of different ages	20	0/0/4	16	Methods and techniques of choreographic training (physical, sensory and intellectual development of children). Taking into account the psychophysiological characteristics of the development of children aged 3-6 years. Game and its importance in the learning process. Musical games and rhythmic exercises. Content, purpose, main tasks of choreographic training of preschool children. Structure of the lesson. The ratio of parts of the lesson. Exercises: collective, rhythmic, at the machine and parallel gymnastics. Dance elements, sketches and exercises for the development of artistry. Psycho-physiological characteristics of primary school children's development, social situation, physical development, perception and attention, thinking, memory and imagination. Specificity of choreographic training of children aged 7-10, personality formation, awareness of feelings, impulsivity and situational behavior. Educational work with children of primary school age. Content and structure of the lesson. Duration of the lesson and frequency of classes. Component parts of the lesson: sketch and production work and rehearsal work. Combination of individual and group forms of learning. Learning the basics of



				<p>classical, modern, ballroom and folk-stage dances. Developing expressiveness and emotionality, dancing skills and coordination of body parts in the classroom. The purpose and objectives of choreographic training of adolescents. Medical and socio-psychological changes in the development of adolescents (physical development, crisis of 13 years, relationships with peers, development of cognitive processes). Taking into account individual and psychophysical age differences between boys and girls in the educational process. Personality-oriented approach and methods of individual work with group pupils. The importance of the teacher's personality in educational work with adolescents. Structure and content of choreographic training. Programs of training in choreography and components of the lesson, its parts. Sketch and production work and rehearsal process. Performances and concert activities of adolescents. The purpose and objectives of choreographic training of early childhood. Taking into account individual and psychological age differences. Methods of individual work with students. The importance of the teacher's personality in the educational work with young children. Structure and content of choreographic training. Components of the lesson. Production work and rehearsal process. Performances and concert activities.</p>
Topic 7. Repertoire and principles of its formation	10	0/0/2	8	<p>Repertoire as the basis of educational and creative work in a dance company. The repertoire's focus on content, themes, forms and genres of dance. Principles of repertoire selection: interest, accessibility, artistic level. Sources of repertoire: literature, painting, sculpture, folklore, modernity. Principles of building the choreographic program of the team: proportionality and contrast, dynamics and emotionality. The content of the repertoire of a children's dance company. Artistic intention of the author of children's choreographic compositions. Originality of children's repertoire. Accessibility of the content and form of the works, taking into account the age and level of preparedness of the participants of children's dance.</p>
Topic 8: Production work in a dance	14	2/2/6	4	<p>The content and tasks of production work in a choreographic team. Preparation for the</p>

company				production work: Determination of the theme, components of the production. Selection of participants for future production work. Analysis of the creative and material capabilities of the team. Planning rehearsals. Selection of musical material and work with the concertmaster. Components and stages of production work. Determination of the ideological and artistic concept of the choreographic number. Lexical choreographic text. Writing a libretto. Scenario and composition plan of the choreographic number. Rehearsals, work on choreographic images. Staging a sketch of a future composition. The originality of staging a children's number. Plot and game solution. Requirements for costume and music.
Topic 9: Concert activity of a choreographic group and its types	10	0/0/4	6	The importance of concert and creative activity of a choreographic group. Principles of conducting and preparing concert performances, reviews of the choreographic team. Types of concert performances (thematic concerts, creative reports and reviews, festivals, competitions). Specificity of the concert activity of a children's dance group. Encouragement to perform and interest and reward for learning. Systematic performances to improve performance skills. Emotional mood as a means of forming the psychological climate of the team. Organizational and rehearsal preparation for a concert performance. Quality of musical material, rehearsal with the orchestra. Scenography and costumes of the performers. Design of programs, posters, booklets, invitations to the concert. Run-through of the performances on stage.
Topic 10. Peculiarities of choreographer's work in groups	10	0/2/4	4	General characteristics of the choreographer's work with a dance ensemble. Dance ensemble. Features of the choreographer's work in a professional dance ensemble. Features of the choreographer's work in an amateur dance ensemble. Song and dance ensembles. Structure and methods of rehearsal and concert work in a song and dance ensemble. Folk choir. Features of the choreographer's work with a folk choir. Ukrainian music and drama theater. Choreography as one of the main components of a musical performance. Features of the choreographer's work in the Ukrainian music and drama theater. The role and importance of the choreographer in

				other areas of activity (figure skating, rhythmic and artistic gymnastics, synchronized swimming, etc.)
<b>total</b>	<b>150</b>	<b>10/6/44</b>	<b>90</b>	

## Literature

### Main

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